

March 15, 2018  
Otsuka Foods Co., Ltd.

**Otsuka Foods to Release Two New Japanese Dishes in the “My Size: line! Plus” Series for People Concerned about Blood Sugar Level and Protein Intake**

“Oyako-Don for People Concerned about Blood Sugar Level” (Food with Function Claims) and “Japanese Style Curry for People Who Want to Get Protein” (Designated Smile Care Foods Blue Mark Product)

In Pharmacies and Hospital Shops Across Japan on March 26, 2018

TOKYO, Japan, March 15, 2018—Otsuka Foods Co., Ltd. (Head Office: Chuo Ward, Osaka; President: Atsumasa Makise) announced today that it will start selling two new products in the “My Size: line! Plus” series available primarily in pharmacies across Japan: “Oyako-Don for People Concerned about Blood Sugar Level” and “Japanese Style Curry for People Who Want to Get Protein.” The two new products will be in pharmacies and hospital shops across Japan starting on March 26, 2018.

With more attention focused on extending healthy life expectancy,\* nutrition management in daily meals that help people of any age and both genders lead healthy lives is increasingly important.

The newly released “Oyako-Don for People Concerned about Blood Sugar Level” is the second Food with Function Claims in the series, joining “European Style Curry for People Concerned about Blood Sugar Level.” It is also the first retort *oyako-don* recommended as a Food with Function Claims for people concerned about blood sugar levels after eating. “Japanese Style Curry for People Who Want to Get Protein,” which is made with chicken and vegetable broth for a mild tasting curry with 10 grams of protein per serving, has been approved to use the Smile Care Foods blue mark. This is a curry that people who have trouble with spicy curries will love.

With the addition of these two new products, the My Size series now has a lineup of 29 products. Otsuka Foods will continue to offer new value in retort food products in a package that lets consumers easily imagine the size of the serving through the My Size series.

\*The probable number of years that a person can expect to live without restrictions in daily life due to health problems.

Food with Function Claims



110 kcal My Size: line! Plus  
Oyako-Don for People Concerned  
about Blood Sugar Level

Smile Care Foods



150 kcal My Size: line! Plus  
Japanese Style Curry for People  
Who Want to Get Protein